



# Knowledge Translation for CHERISH

## Overview of Knowledge Translation activities for the CHERISH project



### What is knowledge translation?

Knowledge translation is essentially about getting the right information to the right people at the right time and in the right format in order to influence decision making or practice (*Knowledge Translation Australia*).

It has been developed in response to the **research-to-practice gap**—that is, the gap between knowledge creation and its use by healthcare practitioners (HCPs) and policymakers or stakeholders.

Under the **HRB** Knowledge Exchange and Dissemination Scheme (KEDS), CHERISH received funding to undertake knowledge translation activities for the project.



### Activities

Key activities undertaken for CHERISH included the following:

- Assigning a **knowledge broker** to oversee this part of the project
- Developing **capacity** in knowledge translation through training
- Compiling a Knowledge Translation **Strategy** for CHERISH
- Assessing the **knowledge needs** of researchers and healthcare practitioners
- Holding and evaluating **knowledge exchange** meetings between CHERISH researchers and healthcare practitioners



### Findings

A range of findings emerged from the interviews with HCPs and researchers on knowledge needs:

- Desire for greater engagement between HCPs and researchers
- Need for a comprehensive strategy targeting multiple goals and audiences
- Need for multiple approaches to knowledge translation, including visual methods and face-to-face exchange
- Range of barriers faced in accessing knowledge, especially lack of time, heavy workload and growing volume of research

*"I think researchers need to engage more with GPs. There's a vast amount of knowledge, information that's being ignored."*  
- GP Interview

### Outcomes

Key outcomes from the CHERISH knowledge translation project were:

- Increased **media** exposure on CHERISH (press & social media)
- Enhanced **learning** on the KT process and aims through training
- Greater **engagement** between HCPs and researchers through one-to-one meetings
- Increased **insight** into barriers and facilitators to knowledge use faced by HCPs and researchers
- Co-production of knowledge exchange **materials** for CHERISH (e.g. factsheets, newsletter, brochure, strategy document)

A copy of the CHERISH **Knowledge Translation Strategy** is available to view online at:  
<https://cherishstudy.com/2020/05/08/knowledge-translation-for-cherish/>